## Peer pressure cards - key questions

Girls and boys can pick one card at a time, read it out and then try to answer the following key questions:

- 1. What do you think you would do if you were under pressure to do this? How would you feel?
- 2. What would make you give in to the pressure?
- 3. What would help you resist the pressure?
- 4. How do you think you would feel afterwards if you gave in to the pressure?
- 5. What do you think would happen if you refused to give in and get involved? How would you feel?
- 6. How would you cope with the situation?
- 7. What would be the benefits to you if you didn't get involved?
- 8. What would be the benefits to others of you not getting involved?



## **Photocopiable:**

Developing Emotional Literacy with Teenagers, 2nd edition © Tina Rae, 2013 (SAGE)